



WITH UNDERSTANDING
COMES CALM, LLC

Understanding and Managing Transitions for Twice Exceptional Children

When addressing transitions with 2e children, be sure to incorporate the “5 C’s.”

Connection – when a child feels connected and understood, trust is the basis for easing transitions.

Concern – when a child’s fears are listened to and the adult gives room for a child to work through their challenge, transitions can become less troublesome.

Collaboration – Giving a child the opportunity to lead and ‘own’ the process of transition, solutions are more durable.

Creativity – sometimes we have to add humor, distraction and a child’s strengths to address transition troubles.

Clarity – Whatever strategies you use, be sure you are crystal clear on what you expect and what the child can expect to happen.

5 C's to Address Transition Troubles

- ▶ Connection
- ▶ Concern
- ▶ Collaboration
- ▶ Creativity
- ▶ Clarity



© Copyright With Understanding Comes Calm, LLC

For a FREE 20 minute phone consultation with Julie, schedule a time here: JulieSkolnick.YouCanBook.me

Julie F. Skolnick, M.A., J.D.

E-Mail: Julie@WithUnderstandingComesCalm.com ❖ **Web:** WithUnderstandingComesCalm.com
Conferences & Membership: LetsTalk2e.com ❖ **Resource Listing:** 2eResources.com