



DR ROBY MARCOU

Thinking Developmentally: A resource list for 2E families... from a Developmental Behavioral Pediatrics perspective

Understanding Temperament: Temperament describes HOW a person responds to challenges and expectations. *Understanding Your Child's Temperament* by Dr. William Carey. *Raising Your Spirited Child* by Mary Sheedy Kurchinka

Expanding Self Regulation: The Mehrit Centre <https://self-reg.ca/>

Thinking Visually About Behavior and Well Being: <https://northstarpaths.com/graphics-free-downloads/>

Parenting 'Challenging Children' through a DBPed Lens: Books and classes by Dr. Dan Shapiro <http://www.parentchildjourney.com/journey/>

Children are complicated and sometimes defy 'categorization': Dr. Deidre Lovecky *Different Minds* and Dr. Perri Klass *Quirky Kids*

What about Adolescents: The Raising Teens Project:
<https://hr.mit.edu/static/worklife/raising-teens/>

Books by Dr. Mel Levine: *A Mind at a Time* and *Keeping a Head in School*- Dr. Levine was a huge proponent of respecting learners with unique profiles.

Keeping Realistic: *Atomic Change* by James Clear. (change is hard....)

Keeping Optimistic: *Learned Optimism* and other books by Dr. Martin Seligman (optimism is key)

Being Global: *The Geography of Thought* by Dr. Richard Nisbett (you might be surprised!)

Communities of Support: www.understood.org www.childmind.org

Finding a Developmental and Behavioral Pediatrician:
<https://www.sdbp.org/resources/find-a-clinician.cfm>

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