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May 22, 2025

To Whom It May Concern,

I am writing to offer my highest recommendation for Julie Skolnick, M.A., J.D., founder of With Understanding Comes Calm, LLC, and author of the acclaimed book *Gifted and Distractible: Understanding, Supporting, and Advocating for Your Twice Exceptional Child*. Julie provided transformative professional learning experiences for our educators in the Barrington 220 School District, leaving a lasting impact on our approach to supporting twice-exceptional (2e) learners.

Initially, Julie conducted targeted sessions for our extended learning teachers at the elementary and middle school levels. Her deep expertise in twice-exceptionality, combined with her engaging and thoughtful presentation style, resonated profoundly with our staff. Educators appreciated her strength-based strategies and practical tools, which empowered them to better understand and support their 2e students. The positive feedback was so overwhelming that we invited Julie back to provide professional learning for our entire district.

Julie's professional background is both impressive and relevant. She has guided thousands of parents of gifted and distractible children, mentored 2e adults, and advised educators and professionals on how to bring out the best in their twice-exceptional students and clients. Her book, *Gifted and Distractible*, offers a comprehensive framework that includes understanding, strategies, and advocacy, which aligns seamlessly with our district's goals for inclusive and effective education.

Beyond her credentials, Julie's dedication and professionalism are evident in every interaction. She fosters an environment of empathy and collaboration, encouraging educators to share experiences and strategies. Her ability to connect with staff, validate their challenges, and provide actionable solutions has been instrumental in shaping our district's approach to 2e education.

In summary, Julie Skolnick is an exceptional educator and consultant whose contributions have significantly enhanced our district's capacity to support twice-exceptional learners. Her engaging, thoughtful, and professional approach makes her an invaluable asset to any educational institution seeking to better understand and serve this unique student population.

Sincerely,

Dr. Jordan Anderson

